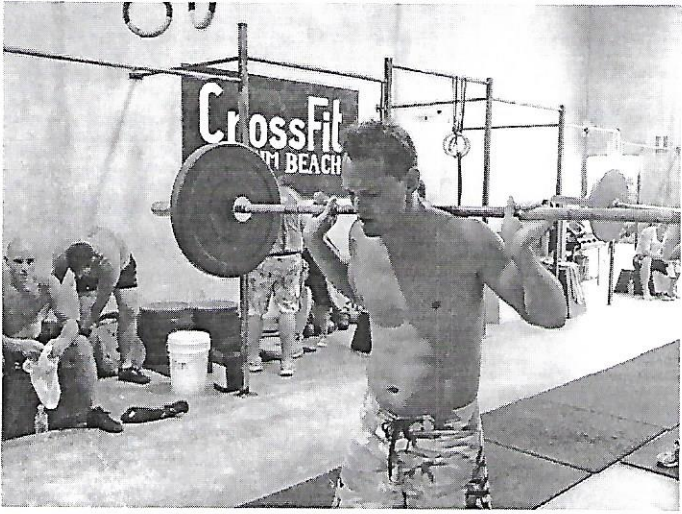


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Assessment 4: (AT4) Written Assessment: Hazard / Risk Identification and Rectification

Examine the following pictures. Describe in the space below how each scenario presented in the pictures is an 'injury waiting to happen.' Specifically, state two hazards in each picture as well as the possibly injury that could occur because of the hazard. Name two remedies that would decrease the potential risk of incident or accident.

	Hazards
	- Uneven weight distribution, can cause injuries to person and surrounding people. - Squats - exercise not in the weight rack. load could cause injury when the person becomes fatigued (nowhere or no one to catch weight)
Remedies - always evenly distribute the weight on both barbells and exercises - keep squats for the squat rack.	
	- uneven, wet ground. injury and slip hazard. - No use of isolating the hazard or bringing awareness to it. Injury.
Remedies - Section off the area until further maintenance is done. - Isolate the area, make all persons aware of the hazard.	