

Referral skills checklist

Advancing your skills for successful referrals

Grow your health networks

- Take time to explore local health networks and understand how they operate
- Commit to new ways of reaching out to find the referral contacts you need and help them to find you
- Consider how your services can be tailored or promoted to meet the needs of a more diverse client base

 [Health reform](#)

 [Exercise and health referral networks](#)

Evidence-based practice

- Source evidence-based programs, assessment tools and practice guidelines
- Record and use client health and local community demographic data that is relevant to the health sector
- Deliver services that have positive proven outcomes and show how they meet the health needs of your community

 [Evidence-based practice resources](#)

 [APSS Tool](#)

 [Exercise and health referral networks](#)

Build professional capacity

- Know your scope of practice and professional boundaries
- Analyse the skills required to meet the needs of your clients
- Commit to ongoing learning and practice
- Seek feedback and set goals for filling gaps in knowledge

 [Scope of practice](#)

 [Evidence-based practice resources](#)

 [Exercise and health referral networks](#)

 [Referral essentials checklist](#)

 [Referral skills checklist](#)

Innovation

- Be flexible and open to sharing ideas, experimenting and receiving feedback
- Remain client-centred and solution-oriented
- Stay up to date with new technologies and new evidence
- Benchmark, measure and set targets for quality
- Monitor and review the impact of all changes you implement

 [Letter templates](#)

 [Exercise and health referral networks](#)

 [Confidentiality & privacy](#)