Referral process flowchart

Essential components of successful referrals

1 **Screen and assess**	Identify client health risks and determine your client needs
2 **Evaluate**	Know your scope of practice and evaluate whether you require guidance from a health professional to meet your client needs
3 **Decide**	Decide what expertise you require to develop and manage your client's exercise program
4 **Prepare**	Compile relevant, accurate and concise information for the referral
5 **Consent**	Involve your client in the process and gain informed consent to share their health information
6 **Connect**	Plan ahead and ensure your referral actions are appropriate, professional and effective
▼ **Exercise program**	Delivered under health professional guidance
7 **Commit**	Commit to ongoing dialogue and feedback to achieve a positive health outcome for your client

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