

WHSO COURSE TIMETABLE - CORE

CORE	Session/topic	Timings
Day 1	Introduction - Course details - Assessment Requirements Induction	30 min
Day 1	Work Health and Safety Legislation	2 hours
Day 1	Workplace Consultative Arrangements <i>Assessment Activity:</i> <i>1 (A) - Advise on Work Health and Safety Legislation</i> <i>1 (B) - Consultative Arrangements</i>	2 hours
Day 1	Training <i>Assessment Activity:</i> <i>1 (C) - Training</i>	30 min
Day 1	First-Aid in the workplace <i>Assessment Activity:</i> <i>2 – First-aid in the Workplace</i>	1 hour
Day 2	<i>Written Assessment 1 – Provide Advice on Work Health and Safety Legislation</i>	1 hour
Day 2	Risk Management <i>Assessment Activity:</i> <i>3 (A) – Risk Management (Case Study/Scenario)</i> <i>3 (B) – Risk Management – Proforma</i> <i>3 (C) – Risk Management – Implementation Plan</i>	2 hours
Day 2	Preventing Musculoskeletal Disorders	3 hours
Day 3	Hazardous Chemicals <i>Assessment Activity:</i> <i>4 (A) – Hazardous Chemical Risk Assessment</i> <i>4 (B) – Hazardous Chemicals</i>	2 hours
Day 3	Health and Hygiene	2 hours
Day 3	Asbestos	1 hour
Day 3	Workplace Amenities	30 min
Day 3	Personal Protective Equipment	30 min

Day 4	Plant	1 hour 30 min
Day 4	Registration and Licensing	30 min
Day 4	Noise	1 hour
Day 4	Psychosocial Health and Safety	1 hour 30 min
Day 4	Occupational Hazards – <i>Alcohol and Drugs</i>	30 min
Day 4	Psychosocial Hazards – <i>Bullying, Fatigue, Violence</i>	30 min
Day 4	<i>Written Assessment 2 – Identify Work Health and Safety Hazards</i>	1 hour
Day 5	Incident Investigation <i>Assessment Activity (Incident Scenario):</i> <i>5 (A) – Identify Causal Factors</i> <i>5 (B) – Incident Investigation Report</i>	2 hours
Day 5	Emergency Procedures <i>Assessment Activity 6: Emergency Procedures</i>	30 min
Day 5	Auditing and Planning	1 hour 30 min
Day 5	<i>Written Assessment 3 – Manage Workplace Incidents</i>	25 min